DID YOU KNOW THAT GUAVA IS A TROPICAL FRUIT?

IT IS A "SUPER-FRUIT" DUE TO ITS MANY HEALTH BENEFITS.

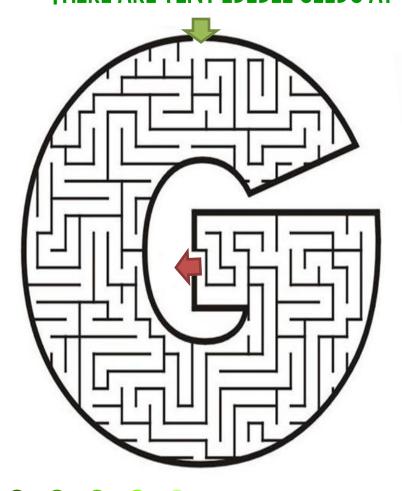
GUAVA GROW IN HUMID AND DRY CLIMATES.

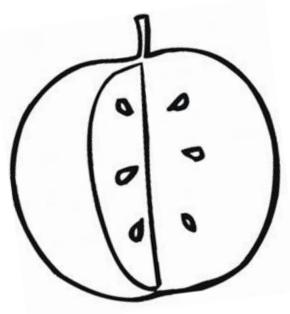
THEY CANNOT TOLERATE LONG COLD SPELLS.

THERE ARE MANY DIFFERENT TYPES OF GUAVA AROUND THE WORLD.

THEY ALL DIFFER IN FLAVOR AND PULP COLOR.

THERE ARE TINY EDIBLE SEEDS AT THE CORE OF THIS FRUIT.





What color is the flesh of a guava?